

We need YOU to help others thrive in our community!



WHAT IS A COMMUNITY COACH?

Volunteers from the community are needed to partner with and mentor individuals/ families who are having difficulties and need direction and help to overcome obstacles in their lives. Coaches would help these individuals identify and meet desired goals by guiding families in learning skills that will help them become more stable and sustain over time. This could entail such things as working on a budget, helping with a job search, and overall providing skillful guidance to increase the individual/family's protective factors.

Once trained, Coaches are expected to:

1. Meet with a family/individual at least once a month
2. Maintain confidentiality
3. Commit to working with the family for 12 months.
4. Work with the Collaborative Coordinator and Navigator to address challenges.
5. Notify the Collaborative Coordinator and Navigator when unable to fulfill the Coach responsibility because of vacations, illness or change of circumstances.

Am I a good Community Coach candidate?

Qualities for a Coach include compassion, understanding, patience, encouragement, a nonjudgmental mindset, culturally sensitive, and most importantly ability to develop positive relationships.

Coaches will receive training prior to being matched with an individual/family and will have access to on-going support and continuing education opportunities.

If interested, need more information or have questions, please contact Kelly Latimer with Lift Up Sarpy County at klatimer@liftupsarpycounty.org or call 402 517 1831.

Please leave a message if no answer. You can also visit liftupsarpycounty.org for more information.